



DATE & TIME

SATURDAY, DECEMBER 20TH @ 6:00 PM

SUNDAY, DECEMBER 21ST @ 11:00 AM

A MADE-FOR-TELEVISION EVENT

LOCATION

Jenks Trojan Aquatic Center, 495
N. Birch St., Jenks, OK 74037

INVITED TEAMS

Women: Indiana, Cal, Arizona State, Texas, Army

Men: Indiana, Cal, Arizona State, Texas, Army



ORDER OF EVENTS

SATURDAY

400 Medley Relay
200 Free
100 Butterfly
50 Backstroke
100 Breaststroke
50 Free
200 Free Relay

SUNDAY

200 Medley Relay
200 IM
50 Butterfly
100 Backstroke
50 Breaststroke
100 Free
400 Free Relay

RULES

1. A swimmer may swim 3 events per day, but one of those must be a relay
2. Each team enters 1 swimmer per heat, and your best swimmer must be in the championship heat
3. Total squad can only be 9 swimmers
4. There is only a championship heat for relays
5. The consolation heat will be swum before the championship heat for individual events (Please note: athlete can only score in the heat they are entered in.)
6. The first event will be seeded based on the 2025 NCAA Team Ranking
7. Lanes will rotate after each swimming event – Sunday's events will rotate from the last event on Saturday
8. Scoring will be as follows:
 - a. Individual: A Heat: 14-11-10-9-8 B Heat: 6-4-3-2-1
 - b. Relays: 24-20-18-16-14-12
9. Swimming Entries will be by email to thomas.camden@outlook.com by December 8, 2025, at 12:00pm (CT).
10. Coaches Meeting on Friday at 5:00 PM at the Jenks Trojan Aquatic Center. Due to television storylines, changes to entries will be possible.
11. This is a made-for-television event with 18 minutes of racing within a 1-hour program. There will be breaks for interviews, storylines and television commercials. Breaks will be based on the flow of the television program.

HOTEL RECOMMENDATIONS

DoubleTree by Hilton Tulsa -

Warren Place 6110 S Yale Ave. Tulsa, OK 74136

Holiday Inn & Suites -

Tulsa South 10020 E 81st St. Tulsa, OK 74133

Renaissance Tulsa Hotel & Convention Center -

6808 S 107th E Ave. Tulsa, OK 74133

Marriott Tulsa Southern Hills -

1902 E 71st St. Tulsa, OK 74136

Courtyard by Marriott Tulsa Woodland Hills -

9041 E 71st St. Tulsa, OK 74133

POOL SCHEDULE

Friday, December 19th

3:30 PM-5:00 PM- Swimming warm-up if desired

Saturday, December 20th

8-10 AM- Swimming warm-up

4-5:45- Swimming warm-up

5:45- Opening Ceremony-Introduction of Teams
and Coaches

6:00 PM Meet Starts

Sunday, December 21st

9 AM-10:45 AM- Swimming warm-up

10:45 AM- Opening Ceremony Team Introduction

11:00 AM- Meet Starts